



Teen Triple P, Positive Parenting



Help your teenager do well at school – and beyond!

Before long they'll be flying solo. But first they've got to get through school... With the strategies in Triple P's **Raising Competent Teenagers** seminar, you can give your teenager the best chance of doing well now – and in the future. This life-changing 90 minutes is free for Queensland parents and carers of adolescents from 12-16 years.

Triple P's Raising Competent Teenagers seminar can help you help your teenager:

- communicate well
- develop self-discipline and routines
- follow rules or question them appropriately
- solve problems
- get on well with others

Register for your FREE parenting seminar:

Raising Competent Teenagers



Book your free place now at www.triplep-parenting.net