

Parents/Carers



You are invited to attend our free Getting Teenagers Connected Seminar

Monday 1 August 2016



6:30pm - 8:00pm
(Tea & Coffee from 6pm)

SENIOR LECTURE THEATRE

Topic: *Triple P's Raising Competent Teenagers seminar is the third and final of three seminars following the hugely successful seminar back in May. This seminar can help encourage your teenager to build strong relationships, develop great social skills and enjoy being part of life. This life-changing 90 minutes is for parents & carers of adolescents from 12-16 years.*

Overview:

Triple P gives parents simple tips to help manage the big and small problems of family life. This seminar can help you help your teenager to be confident, plan ahead, meet commitments, make friends (and keep them) and help others. Triple P can help you deal with them all - and more! And Triple P is one of the few parenting programs in the world with evidence to show it works for most families.

Presenter: Triple P

Triple P is a parenting program, but it doesn't tell you *how* to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It's all about making Triple P work for you.

Book your FREE place now at <http://www.triplep-parenting.net.au/qld-uken/find-help/check-our-calendar/2016-08-01/seminar-teen/getting-teenagers-connected/100350/> (Please Control Click Link) **(Spaces limited)**

We look forward to seeing you on the night.

