

HEALTH EDUCATION

STATUS:	ELECTIVE SUBJECT		
COURSE OVERVIEW:	Health Education in Year 10 undertakes an inquiry approach into the various determinants that create and promote lifelong health, learning and active citizenship. Health draws subject matter from the behavioural, social and physical sciences. It offers students the opportunity to critically analyse and evaluate health information. In addition, Health Education students can take-action, advocate for and promote sustainable health change at personal, peer, family and community levels. Health explores the barriers preventing healthy behaviours at all levels of society, and provides students with the knowledge and skills to enable positive, healthy actions across our population.		
COURSE OUTLINE:	Health units include:		
	TERM 1	Positive Psychology – what contributes to healthy and happy lives?	
	TERM 2	Body Image – the impact on wellbeing	
	TERM 3	Indigenous Health – barriers and enablers	
	TERM 4	Road Safety – safer practices for learner drivers	
COURSE ASSESSMENT:	Assessment includes two 600 – 800-word investigations, and two 90-minute extended response exams. Each task is worth 25% of your overall result. All assessment must be submitted electronically and work must be done independently outside of class to successfully complete these tasks.		
STUDY REQUIREMENTS:	Ongoing reflection on class work should be undertaken weekly, and assessment items will require ongoing work across 3-4 weeks. 30 minutes homework or additional study per night after each lesson would be a guide, with 2-3 hours per week required when assessment items are being completed.		
SPECIAL REQUIREMENTS:	Due to the high academic rigour in this subject, a B in English and core HPE would be highly recommended.		
	Due to the high use of technology within the classroom and for assessment items, it is a requirement that students are a part of the College laptop or BYOx program.		
POSSIBLE CAREER PATHWAYS:	Nursing Medicine Counselling -social work Teaching Optometry Physiotherapy Pharmacy	Hospital/ Medical Administration or Secretarial Dentistry/ Dental Assistant Natural Health Therapies Health Promotion	Child advocacy roles Government Health Agencies
PARENT/CARER SUPPORT:	Assist students with time management and planning to successfully complete large assessment items.		